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December 9th, 2020

Connecting to Care

Presentation to the Behavioral Health Partnership Oversight Council

Connecticut's Network of Care Transformation grant: The Connecting to Care initiative



Vision

Create a system of care at the local, regional, and state levels that: *offers a spectrum of effective, community-based services and supports for children and youth who have or are at risk for mental health challenges and their families.* Such systems must be: *organized into a coordinated network, build meaningful partnerships with families and youth, and address cultural and linguistic needs*, in order to help them to function better at home, in school, in the community, and throughout life.

Connecting to Care Goals



Goal 1: Create a youth and family driven local, regional, and statewide infrastructure for system of care expansion and implementation.



Goal 2: Implement a youth-guided, family-driven, and culturally competent approach to statewide system of care planning, expansion, and implementation.



Goal 3: Develop a comprehensive CONNECT Statewide System of Care Strategic Plan.



Goal 4: Develop a comprehensive statewide data system to promote integration & quality.

Current Work

Expansion & Sustainability of System of Care Infrastructure



Expand and sustain activities pertaining to the awareness, identification, and treatment of youth who might be experiencing or at risk for suicide and/or First Episode Psychosis (FEP).



Care Integration



Culturally & Linguistically Appropriate Services (CLAS)



Trauma-Informed School Mental Health



Social Marketing



Workforce Development

CONNECTing to CLAS

CONNECTing with CLAS

VISION

To develop, plan and implement a statewide process for incorporating the enhanced Culturally and Linguistically Appropriate Services (CLAS) Standards within the children's Network of Care of Connecticut.

GOAL

To partner with families and network of care leaders to promote health equity, racial justice and cultural and linguistic competence across all behavioral health services at the local, regional and state levels.

CONNECTing to CLAS Team Consultants



Michele Stewart-Copes, MS, MSW System for Education Equity & Transition (SEET) Consultants LLC, CEO



Cecilia Frometa, Ph.D. CONNECTing to CLAS Technical Assistance Consultant



Marie M. Spivey, EdD, RN, MPA

System for Education Equity & Transition (SEET) Consultants LLC, Principal



Cindy A. Crusto, Ph.D. CONNECTing to CLAS Technical Assistance Consultant



Michelle Riordan-Nold, MPP CT Data Collaborative, **Executive Director**

National CLAS Standards

<u>Purpose</u>

To provide a blueprint for individuals and health care organizations to implement **culturally and linguistically appropriate services** that will advance **health equity**, improve **quality**, and help eliminate **health care disparities**.

National CLAS Standards

THE STANDARDS

The National CLAS Standards

The National CLAS Standards are a set of 15 action steps intended to advance health equity, improve quality, and help eliminate health care disparities by providing a blueprint for individuals and health and health care organizations to implement culturally and linguistically appropriate services.



View the Standards



<u>https://thinkculturalhealth.hhs.gov/clas</u>

CLAS Standards

Principal Standard

Governance, Leadership and Workforce (Standards 2-4)

Communication and Language Assistance (Standards 5-7)

Engagement, Continuous Improvement, and Accountability (Standards 8-15)



Phase 1: Initiation and Engagement

- Introduction to CLAS Standards
- Developing your CLAS team
- Six month CLAS process overview

Phase 4: Health Equity Plan Finalization Sustainability

- Completed Health Equity Plan
- Sustainability and integration of CLAS service strategies



Phase 3: Implementation and Evaluation

- Customized CLAS trainings
- Development of service strategies

Four Phase Change Model to Develop Health Equity Plans & Address Racial Justice and Health **Disparities**

Phase 2: Agency-wide Health **Equity Organizational Assessment**

- Evaluation of your organization
- Selection of your CLAS workgroup
- Identification of priority CLAS standards

Highlights of Our Work

- 56 organizations trained in the 6 month cohort process or an accelerated cohort
- **35** agencies developed Health Equity plans with **6** currently in process
- 202 Individuals have been trained in Assess, Plan & Improve: An Equity Workshop
- CLAS Toolkit developed: <u>Advancing Health Equity and Racial</u> <u>Justice in Children's Behavioral Health</u>
- **41** Individuals have been trained in the Toolkit
- Regional Learning Communities with **49** unique organizations participating
- Conducted an analysis of Culturally and Linguistically Appropriate Services (CLAS) Health Equity Plans
- Presented at several national conferences including:
 - The Institute for Innovation and Implementation Conference in Washington DC
 - Research & Policy Conference on Child, Adolescent, and Young Adult Behavioral Health in Tampa

ADVANCING HEALTH EQUITY AND RACIAL JUSTICE IN CHILDREN'S BEHAVIORAL HEALTH



Technical Assistance Offerings



Health Equity Planning: 3-6 month cohort process

Upcoming Opportunities



Is your organization interested in developing a Health Equity Plan?



Are you ready to transform your organization to a racially just and culturally and linguistically appropriate organization?



Are you interested in partnering with families and providing racially justice, equitable, understandable, quality care and services?

INFORMATION SESSIONS

Monday, December 14th 10:00 – 11:00 am 11:00 – 12:00 pm

Monday, December 21st 10:00 – 11:00 am 11:00 – 12:00 pm

To RSVP, contact Cecilia Frometa, Ph.D. at cecilia.frometa@yale.edu

Questions?

Thank You

For questions and additional follow up, don't hesitate to reach out the **CONNECT Coordinating Center** by contacting Stephanie Luczak at sluczak@uchc.edu

